



# SEATING FOR TASK PERFORMANCE

By Karen Kangas OTR/L

Seating & Positioning Specialist/Clinical Educator

February 15 & 16, 2007



This workshop will address Teacher Standards 2, 3 and 5.

**Workshop Description:** Often, assessment of a child is focused at ONE particular moment of time. This one moment can dictate the type of equipment prescribed, or, more unfortunately, not prescribed. Adequate seating for task performance is critical, and is not generally provided for children to develop consistent access to be independent in performing tasks.

We will focus on changing the way we assess our students and Karen will share successful strategies of seating/positioning/access and equipment which have allowed children with disabilities to develop independence. This session will focus initially on these underlying concepts in seating, access and mobility, which include an understanding of the neurophysiological concepts of seating and the sensory-motor integration required. Then the focus will shift to the equipment needed, its programming, and use.

**Day One:** The focus will be on the concepts needed to assist children in seating which is more independent, utilizing more postural control to enhance task participation. Case studies will be shared including demonstrations of strategies and equipment which work.

**Day Two:** The focus will be a continuation of lecture/demonstration to allow for integration of concepts, “hands-on” experiences working with each other and our own bodies, as well as looking at features of equipment used and/or needed.

**Workshop Objectives:** Workshop participants should be able to:

1. Perform an adequate seating assessment for task performance, within the context of the student’s skills, environment, and need for independence.
2. Identify seating equipment as to its “postural management” vs. “postural control” capabilities.
3. Perform a “feature/match” with a comparison and contrast of equipment, and its features to match the needs and skills of students.
4. Apply and implement assessment and treatment strategies with the use of mobility and access equipment which will include adequate seating.
5. Better assess access sites to assistive technology equipment and activities.

**About the Presenter:** Karen M. Kangas OTR/L – Nationally Certified and State Licenses Occupational Therapist; Seating and Positioning Specialist, Assistive Technology Specialist, Clinical Educator/Consultant.

**Who Should Attend:** Occupational Therapists, Physical Therapists, Speech/Language Pathologists, Teachers, Assistive Technology Specialists, Orientation and Mobility Specialists and others who work with students with disabilities and are interested in learning more.

**When:** **Thursday and Friday – February 15 & 16, 2007**  
Check-in Begins: 8:00 AM - Program: 8:30 AM to 3:30 PM

**Where:** **Comfort Suites**, 1951 Bond Street, Green Bay, WI – Lodging has been reserved for Thursday night at the applicable state rate. Please make your own arrangements by calling (920)499-7449.

**Cost:** **\$200.00** – Per person - Includes continental breakfast, lunch (both days) and handouts.

**Information:** Contact Darlene at CESA 7 (920)617-5626 or [verhaagh@cesa7.k12.wi.us](mailto:verhaagh@cesa7.k12.wi.us) regarding registration.

## To Register

From CESA 7’s web site, [www.cesa7.k12.wi.us](http://www.cesa7.k12.wi.us) click the chalkboard “Register” graphic. Next, click the “View by Category” icon on the top of the page. From the drop down box that appears, click “Special Education (RSN)” and GO. **Scroll down** and click the workshop title and date.

**Payment procedures are included with registration information. Please register by February 1, 2007 to ensure attendance.**